

ANTI-BULLYING

Kingsway Christian College holds to the policy that every student has the right to feel safe and secure in their learning environment. The College prides itself on having a no-tolerance to bullying attitude. For more details on anti-bullying action at the College please see item 6.13 in the 2009/2010 College Handbook.

If you suspect that your child is being bullied it is recommended that you ask him or her directly using a simple question such as “Is someone being mean to you?” If you have ascertained that your child is being bullied then it may be helpful to fill out the questionnaire below which will help you to get the full story before taking further action.

THE ‘WHODUNNIT’ EXERCISE

Exercise/information from *Bully Blocking* by Evelyn Field reproduced with kind permission from Finch Publishing. www.finch.com.au

Parents and kids activity

1. *The bully*

Boss bully 1

Bully 2

Bully 3

Bully 4

Bully 5

(Include her grade next to her name.)

Teases, calls me names, says something as I walk past

Pushes, punches, hits, kicks, threatens, pinches, touches me in a mean manner

Leaves me out, talks behind my back, spreads nasty gossip, gives threatening looks, uses me, threatens me, breaks my belongings, sends text messages, emails and lies about me to other kids ...

2. *I think the bully:*

is fooling around and doesn't mean to upset me yes/no

enjoys hurting me yes/no

just follows the bully leader yes/no

is still my friend yes/no

used to be my friend yes/no

bullies other kids too yes/no

became a bully after our disagreement yes/no

3. *I am bullied:*

- Every day
- Once a week
- Once a month
- At the beginning of school year or semester
- I have been bullied at these schools.....
- I have been bullied for years

4. *This is where I am bullied (draw a map):*

Home → walk/bicycle/car/bus/train/boat/tram → school
School: classroom → office → library → hall → change rooms → lockers →
toilets → sports oval → laneways → football field → swimming pool → yard →
canteen

5. *This is what I say and do when I am bullied:*

(e.g. 'I say the same thing back'. 'I pretend I didn't hear'. I don't want to lose my friends so I don't tell them how I feel'.)

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.....

6. *The students who witnessed the bullying:*

- While it was happening they
- The students who tried to help me were
- While it was happening my friends

7. *I reported it to the school: when? where? how often?*

- These teachers were helpful:
- These teachers were unsympathetic:
- These teachers tried but weren't successful:.....

8. *What actions did the school take?*

Did it stop some or all of the bullying?.....

Did it do nothing?.....

Did it make it worse?.....

9. *Who else is being bullied?.....*

10. *What else is happening at school? e.g. your main teacher is away for a semester, there is a temporary principal, everyone is recovering from a school tragedy, etc.*

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